

ADOLESCENT BEHAVIORAL HEALTH SUBSTANCE ABUSE SERVICES



Public Health
Prevent. Promote. Protect.

Frederick County Health Department

Location:
Frederick County Health
Department
350 Montevue Lane
Entrance "D"
Suite 2-101
Frederick, MD 21702
301-600-1775

The mission of Substance Abuse Services is to expand recovery from substance abuse within Frederick County. To accomplish this mission, a balanced approach is used, intervening at four levels:

- Early Intervention
- Outpatient
- Intensive Outpatient
- Continuing Care

Clinical Staff

Jay Hessler M.S., CSC-AD
JHessler@frederickcountymd.gov
301-600-3435

Jessica Chausky M.S., LCADC
Clinical Supervisor
JChausky@frederickcountymd.gov
301-600-3567

How to get started:

- Call 301-600-1775 and ask to complete a substance abuse screening. At the end of this screening an appointment will be made for a fee consultation. (The screening will take approximately 15 minutes).
- Parent then attends the scheduled fee consultation at the Health Department (please bring insurance card and proof of income). At the end of the fee consultation an appointment for a substance abuse assessment is scheduled.
- Parent and son/daughter then attend the scheduled assessment at the Health Department. The assessment will take approximately an hour and a half. At the completion of this appointment any treatment recommendations will be discussed.

Services We Provide:

Group Therapy
Individualized Treatment Plans
One on One Counseling Sessions
Family Counseling Sessions
Multi-Family Counseling Sessions
Intensive Outpatient Services (IOP)

Referrals to outside agencies
Continuing Care
No Cost Smoking Cessation Program
No Cost Tobacco Education
Drug Testing

For information regarding insurance coverage please contact the Health Department. For those without insurance a sliding scale fee is provided based on proof of income.

Full Fee costs are as follows:

Service	Rate
Assessment	\$135.00
Group	\$28.00
Individual (<30 min)	\$48.00
Individual (30-45 min)	\$72.00
Individual (45-60 min)	\$96.00
IOP (daily)	\$78.00
Early Intervention	No charge
Family	\$90.00

Fees are subject to change